



### **Homework for Session Three Preparation for Images of God**

In our spiritual life we inevitably have an image of God and this is influenced by our experience and what we learn from others and the Church. This image changes over our lives and needs to be provisional, as we never have an image of God that can fully correspond with the reality of God.

In spiritual accompaniment you will be with people who have different images of God, and sometimes spiritual progress involves discarding an image that no longer does justice to the reality of God. This exercise asks you to look at the images of God that you have had over your life.

#### **Exercise:**

1. Divide your life into broad stages – childhood, teenage years, early adulthood, middle adulthood etc. You may want to draw a timeline and include any of the major events in your life.
2. For each stage, ask ‘What was my image of God at this stage of my life?’
3. Take this into prayer on several occasions. You may wish to enter into a dialogue with God (a ‘colloquy’) and speak to God as one friend speaks to another, or as servant to a master.

Be prepared to share on some of the fruits of this exercise and your prayer in the next session – but don’t feel obliged to say anything you don’t want to say.